



Focused and Organized

Mark Riesenberg

Professional Speaker, Trainer and Coach

Thinking **BIG**: Focused & Organized

In this **<u>fast-paced</u>**, <u>high-energy</u>, <u>content-rich</u>, <u>filled</u> with <u>humor</u> and <u>laughter</u> presentation you will learn the following:

- Why goal setting and time management are two core, fundamental success techniques that **increase your sales and income**
- FOCUSED: How to set and achieve goals faster
- ORGANIZED: Why goal setting is the first step to efficiently and effectively managing your time
- Identifying your time wasters and eliminating them!
- The **two habits and the two systems** that will propel you to higher and higher results
- How to get **results that are specific, measurable and meaningful** to you and your team
- The role of a coach in helping you with execution of your plan and accountability
- How to find a world-class coach who will lead you to greater and greater short, intermediate and long-term results

Mark Riesenberg is the founder/owner of **Human Resources Unlimited** in West Orange, NJ since 1987, a firm that specializes in helping individuals and organizations to achieve their goals.

He is the author of the best selling book, *How to Stop Whining and Start Winning* and has appeared on **CNBC** and was featured in **Oprah's** magazine. Mark has **worked with thousands of companies and coached thousands of people over the past two decades.**



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